

Ideal[®] Mojitos Servings: 1

Ingredients

2 TBS lime juice
8 mint leaves
2 TBS Ideal[®] No Calorie Sweetener (or three Ideal[®] packets)
1 ½ oz white rum
2 oz club soda
Cubed ice
1 lime wedge for garnish
1 sprig mint for garnish



Directions

1. Place mint, lime juice, and Ideal[®] in large tumbler
2. Crush ingredients using muddling stick or spoon, until mint and sweetener are dissolved
3. Fill glass $\frac{3}{4}$ from the top with ice; add rum and top with club soda

Tips: Great with muddled pomegranate seeds and juice.

Per serving: 130 Calories; 0 g Protein; 0 g Total Fat; 9 g Carbohydrates; 0 g Fiber; 1 g Sugar; 0 mg Calcium; 0 mg Iron; 0 mg Sodium; 0 mg Cholesterol